

# Anne Dowden | REWA Evaluating Success - A Practical Workshop











evaluate - why the critical how what change features what to measure tools road safety examples review of questions

driving forces to reporting evaluation data

- enhancing safety
- effective community programmes
- accountability
- future funding

#### the funding imperative

- limited resources
- oversubscribed funds
- targeted allocation (rather than evenspread)
- mutiple funders/direct reports

evidence of success

I know the project
is reaching the right people
and having
an impact on their behaviour
and enhancing
community safety

prove



improvements to the programme

I can improve how well the project

reaches the right people

I know how to have a greater impact on their behaviour

I know who I am not reaching

improve



solid programme design is the basis for all quality evaluation

how

Strategic context
Vision
Goals high level goals
the project contributes to

What's the problem

What are the strategic links

Evidence of the problem



# Strategic context Vision Goals high level goals

the project contributes to

Project links to sector strategic goals

- Safer Journeys strategy/other strategies
- Regional initiatives/strategies
- Council initiatives/strategies

#### Problem definition: national/local data

- National Road Safety stats Regional/Local research
- Target people/communities
- Project specific, local/highly targeted 'before' data
- Project specific data: local, highly targeted data
   -school, street, target group

# Evidence of the problem

how

how

How and what we will do

Adaptation of evidence based approach

how

- Project intentProject delivery
- Funding (reporting) requirements/timing)

Intent: the project aim, purpose or focus

be specific: to whom (define 'who') by when where (geographic location)

test and confirm intent with key stakeholders

# intent evidence base \* Project intent Project delivery activities

how

- Funding (reporting requirements/timing)

project lead stakeholder groups procedures (how it happens) who delivers it who to resources locations activities

KPIs/deliverables (how many)

how

- Project intentProject delivery
- Funding (reporting requirements) record of:

funders funding timeframe required 'targets' reporting deadlines expectations



## how

evidence-based

**Evidence-based solutions** 

- replication
- adaptation of a known effective intervention
- adaptation of a range of disparate approaches



how



behaviour change

What comes before? Is there literature?

local engagement model

onidence based What success will you replicate? How can you justify this solution? Why would this be effective? What are the critical success features?

# intent evidence base : Project intent activities

how

- **Evidence-based solution Project delivery**
- Funding (reporting requirements)

Project specific data

- -local/highly targeted data
- -school
- -street
- -target group

how

- Project intent
   Evidence-base
- Evidence-based solution
- 3. Project delivery
- Funding (reporting requirements)
- Project specific 'after' data

how

Demonstrate the project intent in a cascade of outcomes that show progress towards change

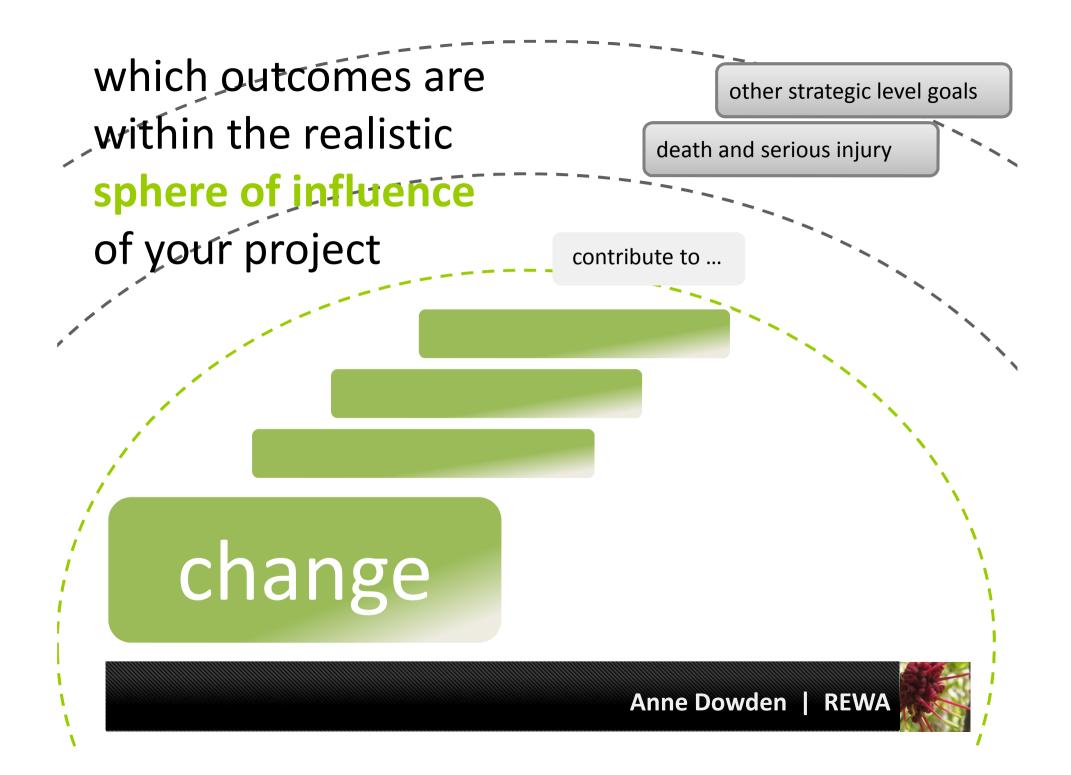
project specific outcomes not strategic goals

change

behaviour change what change

to whom what change by when

Anne Dowden | REWA



Don't directly measure strategic level goals (i.e. higher level outcomes) and realistically your project cannot be considered responsible for change of these strategic level goals (either for positive or negative change)

change

behaviour change what change

to whom what change by when

Anne Dowden | REWA

The project is reaching the right people and having an impact on their behaviour and enhancing community safety so it is contributing to decreasing death and serious injury

### project specific outcomes

#### Project specific outcomes

If you have thoroughly described your problem and your project delivery some or even many of your outcomes will already be apparent

change

#### Tips to defining/selecting outcomes

intent 'natural' before & after data evidence base project aim | project purpose project description | activities What change, to whom, by when

Strategic context Vision

Goals

high level goals that the project contributes to

Project links to sector strategic goals

- Safer Journeys strategy/other strategies
- Regional initiatives/strategies
- Council initiatives/strategies

Problem definition with national and local data

- National Road Safety stats (e.g. CAS)
- Regional/Local research (needs assessments)
- Selecting target people/communities for your project
- Project specific data: local, highly targeted data (school, street, target group etc.)

Evidence of the problem



how

- Project intent
- Project delivery
- Funding (reporting requirements/timing)

Intent: the project aim, purpose or focus

to whom (define 'who')
by when
where (geographic location)

## how

if its critical to success it may reached need to the be part of the cascade of target outcomes group



discussed at home

what specific changes equated to success in past

What comes before? Is there literature?

What success will you replicate?

posed on the bosed How can you justify this solution? Why would this be effective?

What are the critical success features?

- Project intent
- Evidence-based solution Project delivery
- Funding (reporting requirements)

how

Project specific data

- -local/highly targeted data
- -school
- -street
- -target group

the 'after' data

tip: do you notice a progression in the changes?

# Behaviour change outcomes

for the established project

# Project specific **outcomes**Established project

sustained change, all settings

do behaviour: maintaining

do behaviour : trying/attempting/starting

do behaviour : planning/preparing

changes in attitudes/beliefs

know: new knowledge

aware of issue

to whom, when



# Behaviour change outcomes

for the new project

# Project specific **outcomes**New project

YEAR 1

sector behaviour change: gives resources & expertise, takes responsibility, shows leadership

sector behaviour change: attends networking sessions, participates, collaborates

sector accepts need for intervention agrees: to participate, senior sign off, memo of understanding

sector has new knowledge: knows some solutions

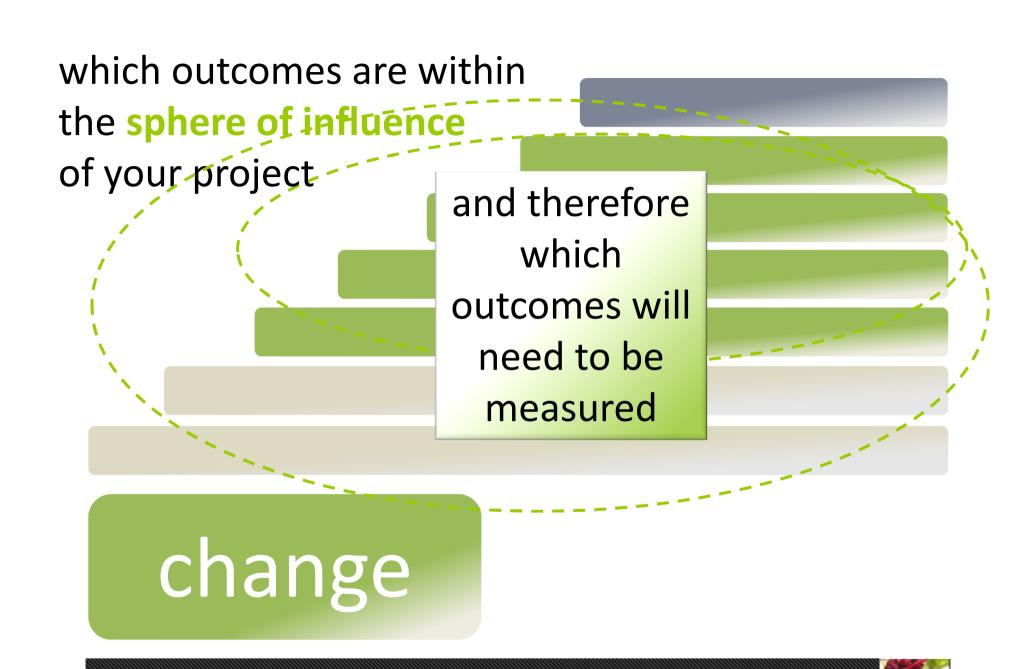
sector has increased awareness of problem

change

to whom, when 12 months
12 months
18 months
Who:
'the sector' organisations in
local community

Project specific outcomes Looks like YEAR 1 of established New project YEAR 2 public do behaviour change YEAR 3 public change in attitudes/beliefs public aware of issue sector do behaviour change continues evolving to whom, when change

Anne Dowden | REWA



# But what do I measure?

- 1. Measure the outcomes
- 2. Project focus
- 3. Funders/Council requirements

1. Prove: Measure the outcomes

Get your baseline

Where is change going to happen

Measure this year's focus

2. Improve: Where is the barrier | failure At which critical step in your outcomes are you failing? Why?

3. Accountability
Can still be <u>useful</u> information
KPI/Funders/Council requirements

Broad data (surveys, existing/on-file/trend data)

In-depth info (interviews, discussions, comment analysis)

**Evaluation** 

Accountability: Report on spend, deliverables, outputs, (numbers, KPI) THIS IS CONTRACT MONITORING/REPORT BACK. BUT IS IT EVALUATION?

# measuring project specific outcomes

Will you measure this?

sustained change, all settings

behaviour - measure final change

behaviour - measure trying/attempting/starting

behaviour - measure planning/preparing

changes in attitudes/beliefs - measure before and after attitudes

new knowledge - measure for two new skills

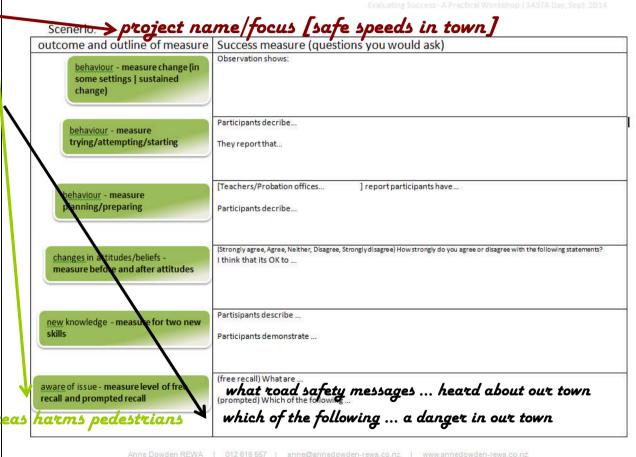
awareness of issue - measure level of free recall and prompted recall

change



# Handout – exercise measures to prove outcomes

- Agree a project.
- 2. Write outcomes,
- 3. Write measures



Start here speeding in built up areas harms pedestrians Do outcomes from bottom

Do measures next

# **Evaluation Tools**

## Tools for evaluation

#### tools

```
project model - 1 pager
```

presenting outcomes – linear logic or logic diagrams

measuring matrix

#### handouts

Hand out – what how change

Hand out – writing measures exercise

www.annedowden-rewa.co.nz

# Example 1

# Information for examples

Strategic context and problem



Project intent / activities (evidence based solutions)

Changes (outcomes) and measures (data)

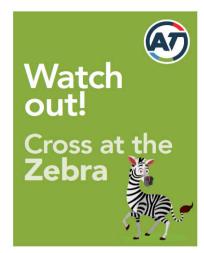


### **Strategic Context**

- Links to regional CT work
- Links to School Programme goals

#### **Evidence**

- CAS data (for 0-14 years pedestrians)
- Noted behaviour around schools
- Reports to Police of people crossing unsafely







### Project intent

#### **Project Goals:**

- Reduce the number of private vehicle trips to schools by 12,000 in the morning peak. (2013 school year)
- Delivery of Road Safety messages to 100,000 participants.
- Raised awareness of pedestrian safety especially with children near schools
- Increased knowledge of Pedestrian and Kea crossing laws

### **Project Intent**

- Scope: Target school aged children and parents/caregivers near crossing at schools and in the community
- Targets and KPI:
  - Number of participants engaged in each education campaign, event or communication.
  - Change in crossing behaviour near schools
- Contribution towards Road Safety education aim to reduce the number of all Serious and Fatal crashes on the Auckland network by 2% per annum.

### Project description

- Pre <u>survey</u> of crossing behaviour
- Core flute signs (generic messages and branding use across schools and communities)
- Information for parents about crossings, importance of using them
- Incentives to excite and encourage safe behaviour and to influence their parents for students and road patrollers
- Post <u>survey</u> of crossing behaviour

# Example 1 Some new ideas

### Strategic Context

- Links to Safer Journeys
- Links to regional CT work
- Links to School Programme goals

#### Evidence

- CAS data (for 0-14 years pedestrians)
- Noted behaviour around schools
- Reports to Police of people crossing unsafely
- Detailed crossing behaviour data at each school





#### Project intent

# how

#### **Project Goals:**

- Reduce the number of private vehicle trips to schools by 12,000 in the morning peak.
   (2013 school year)
- Delivery of Road Safety messages to 100,000 participants.
- Raised awareness of pedestrian safety especially with children near schools
- Increased knowledge of Pedestrian and Kea crossing laws

#### **Change behaviour**

- -Aware
- -Know
- -Do safe actions

Raised awareness of pedestrian safety especially with children near schools. Increased knowledge of Pedestrian and Kea crossing laws



### Project outcomes

sustained change, all settings

do behaviour: maintaining =

do behaviour: starting =

do behaviour: planning/preparing = where park ...

changes in attitudes/beliefs = what is the change

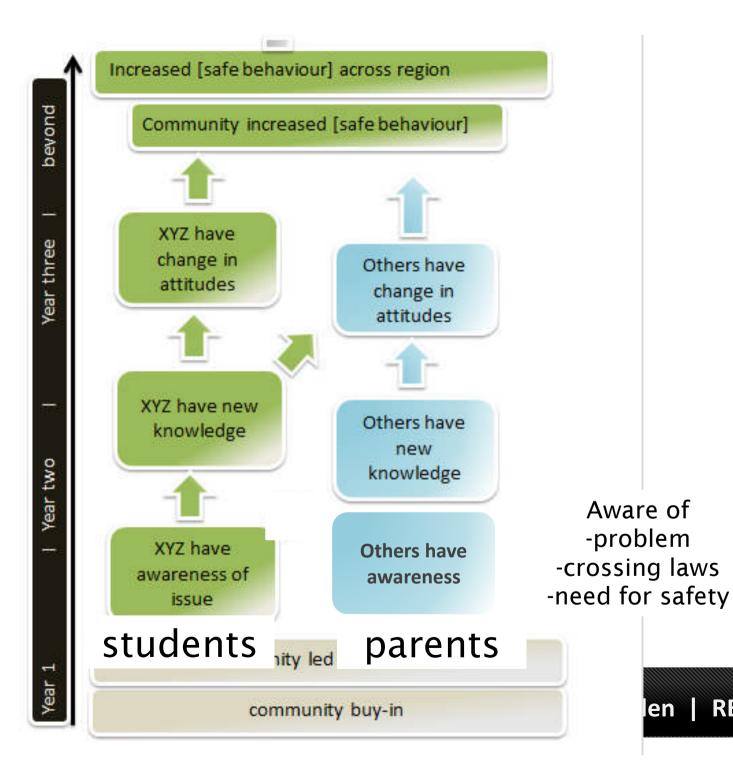
know two or three safe actions = what are these

aware = aware that there is a problem and a need to use safe crossing behaviour

change

to whom, when







#### **Project Intent**

- Strategic contributions?
- Aware
  - Problem
  - Law
  - Need to act safely
- Know
  - Tips and techniques (how to)
- Do safe crossing behaviours
  - x, y and z (DESCRIBE)



Who

Who?: Parents and students
Specific schools? Specific Communities?
Selection criteria: Are they targeted
locations (e.g. in high accident areas,
migrant populations)

### Project description

- Pre **study** of crossing behaviour
- Pre survey of parents and students on knowledge and attitudes
- Core flute signs (generic messages and branding use across schools and communities)
- Information for parents about crossings, importance of using them
- Incentives to excite and encourage safe behaviour and to influence their parents for students and road patrollers
- Post study of crossing behaviour
- Pre survey of parents and students on knowledge and attitudes
- Extended post study of crossing behaviour (3 or 6 months later)
- Monitor Police communications on unsafe behaviour (pre, post, 3 or 6 months)



# Measures (pre, post, extended post) Change



#### **Aware**

- Student and parent awareness of: the problem / law / need for safety

#### **Attitudes**

- (be subtle) Parents: "I think its OK to cross away from a crossing when I, or another adult, are supervising my children"

#### Know

- Students know two to three safe techniques (DESCRIBE THESE)
- Parents and caregivers know two to three safe techniques (DESCRIBE THESE)

#### Do

- Ratio of safe to unsafe behaviours at pre, post, extended post (on matching days)
- Number of incidents reported to Police

# change

### To recap:

Data for each school /community

#### **Evaluation activities**

- Pre study of crossing behaviour
- and students on knowledge and attitudes
- Post **study** of crossing behaviour
- and students on knowledge and attitudes
- Extended post study of crossing behaviour (3 or 6 months later)

•

Classroom
based
(curriculum
linked) - pre
and post
surveys of
students

Students
involved in
pre and post
and
extended
studies

key: new activity



# Example 2

# Alcohol Impairment Education Programme AIEP project

### Strategic Context/Vision

- Safer Journeys 2020 Safer Road User pillar
  - to ensure road users are competent, alert, unimpaired, comply with road rules, choose safer vehicles, take steps to improve safety and demand safety improvements.
- Supports the New Zealand Police Turning of the Tide strategy
  - applies the prevention ethos to victimisation, offending and crashes among
     Maori and commits Police and Maori to working together to achieve common goals

#### **Project Intent**

AIEP aims to lower victimisation and offending in Maori communities and road trauma. It will do this by

- identifying members of the community who are 'at risk' for alcohol related harm/infringements and referring to them to AIEP
- educating AIEP participants about the Ripple Effect or consequences of poor decision making on the entire community
- helping AIEP participants to understand and accept the adverse effect that any level or alcohol or drugs has on safe driving and riding
- educating AIEP participants on the effects of alcohol and drug use on the body
- motivating a change in attitude and behaviour in AIEP participants
- and providing AIEP participants with the tools and support to undertake change.

### Project description

- Scope: members of the community identified by Police and Corrections as 'at risk' for alcohol related harm/infringements.
- Referral path: AEIP participants identified and referred from Probation via
   Corrections Department
- KPI: 10 courses per calendar year; 10 participants per course (14 registrations to allow for drop off)

### **Project activities**

#### Programme:

- consistent delivery that covers all required areas of learning
- eight hours of education to be countered against their enforced sentence/probation hours
- local speakers from Emergency Services through to Morticians to share their experiences encountered as part of their role at work
- each attendee will receive a certificate of attendance

### Project activities - evaluation

- Course visitors' views (opinion on course value, suggestion to improve)
- Participants post course evaluation form
  - age
  - whether liked course
  - whether challenged/threatened etc. by course (comment why threatening)
  - whether would recommend course
  - whether attitude has changed towards drinking and driving (comment how)
  - course usefulness (comment why)
  - comment: key message took away
  - rate speakers (poor/no value to really valuable)
- Police to collate/maintain long term record of post AIEP attendee offences over 12 month period

## Funding (allocation)

- Community Road Safety Programme 2012-15, subsidised by NZTA (3 year cycle).
- Programme is to be reviewed every year by the committee
  - based on the crash statistics and change in trends and budget allocations
  - allows flexibility to change the number of days devoted to AIEP

### Reporting

A budget sheet is to be maintained by Council and reported to NZTA.

# Example 2 Some new ideas

Strategic Context/Vision

(As before)



Project description

(Description as before)





### Project description – evidence based solution

#### What came before

- International examples?
- AEIP in other regions
- Local provider models
- Your adaptations for local success

#### Success features

- List critical success features
- Risks to success and counter measures

#### Project outcomes

sustained change, all settings

do behaviour: maintain

do behaviour: starting

do behaviour: planning

change in attitudes

know 2 or 3 tools

aware

to whom, when

change



#### Project outcomes

#### sustained change, all settings

do behaviour: maintain = use designated drivers, talk to family re their behaviour

do behaviour: starting = have a plan

do behaviour: planning = identify designated drivers

change in attitudes = everyone is effected when I drink and drive

know 2 or 3 tools = make a plan, think of ripple effect, zero tolerance

aware = aware that there is a problem and a need to change

reach = referred participants choose to attend and participate in AIEP

key influencers recommend AEIP: past participants, Probation



**REACH: Referred participants choose to attend AIEP** 



### **Project Intent**

#### Aware

- problem & need to change
- ripple effect of alcohol misuse
- drug/alcohol effects on the body

#### Know

knows tools and techniques (how to be safe)

#### Do

safe behaviours that decrease risk of harm from alcohol

x, y and z (DESCRIBE)

#### Who

Who: people at risk of alcohol related harm/infringements
Selection criteria: identified by
Police or Corrections as at risk
Geographic area: local community



### Measures (pre, post, extended post)

- Reach: [if included]
- **Aware**: Participants are aware that (DESCRIBE)
  - I can support others who have a drink drive problem
  - There is a ripple effect when they drink and drive; x, y, z

Locally/culturally relevant: Build up evaluation questions through interviews/survey feedback to develop attitudinal statements



### Measuring for change (pre, post, extended post)

- Reach: [if included]
- Aware: Participants are aware that (DESCRIBE)
  - I can support others who have a drink drive problem
  - There is a ripple effect when they drink and drive; x, y, z
- Attitudes (Using 5 point strongly agree to strongly disagree scale)
  - If I drink and drive is really just my own business OR If I drink and drive it everyone else's problem too
  - I often plan how I will get home before I start drinking
  - I am happy to talk to family about their drinking and driving



### Measures (pre, post, extended post)

#### Knowledge

- Participants know two to three tools to stay on track (DESCRIBE make a 'get home' plan, have a designated driver, motivate self by thinking about the ripple effect ... )

#### Behaviour

- Participants self report safe behaviours (DESCRIBE: use of tools to stay on track, can describe a success, sharing what they now know with others, what to do if they mess up ... )
- Probation officer interview/discussion (DESCRIBE use/understanding of tools to stay on track, have had some successes, keep trying if they trip up ... )
- Offences data



## So what it different?

REACH (improve)

- Evaluation: course visitors' views (opinion on course value, suggestion to improve)
- Evaluation: participants post course evaluation form
  - age

**REACH** 

- whether liked course
- whether challenged/threatened etc. by course (comment why threatening)
- whether would recommend course
- whether attitude has changed towards drinking and driving (comment how)
- course usefulness (comment why)

- **CHANGE**
- comment: key message took away
   (some aware, know, attitude)
- rate speakers (poor/no value to really valuable)

**REACH** 

Police to collate/maintain long term record of post AIEP attendee offences CHANGE over 12 month period
 (do: but higher level & only if apprehended)



#### Recap: Evaluation activities

#### Pre study

- collation of participants' behaviour data (Police, Probation)
- survey of participants: knowledge, attitudes and behaviours [literacy: face-to-face talk rather than written survey]

#### Post study

- survey of participants: knowledge, attitudes and behaviours
- **survey of others** (Probation): participants knowledge, attitudes and behaviours

#### Extended post study

- collate and compare (with pre) participants' behaviour (3, 6 or 12 months later)
- follow-up survey random selection of participants/probation



Triangulation is the gold standard is more than one piece of evidence

how much should I spend 5-10%

what do I measure prove (outcomes) & improve triangulate

what is success CHECK expectations/develop success

indicators with stakeholders (funders/reviewers)

what do I compare it with? your baseline data

just as only process/description is not proof Death & Serious Injury is not proof your project has succeeded

what's important to report? evidence of success (and failure)

[improvements are more for your information]

how big should the sample be? technically may need to be

large – but small is OK, triangulate use admin data

small budget – now what? focus on:

get your baseline data

this year's outcomes

select 2 measures of key outcomes

#### how can I be more cost effective?

#### cost effective data is

- highly relevant, focused specifically on looking for evidence of change (that is, focusing on your outcomes)
- administrative data
- opportunistic data
- very targeted paper or online surveys or interviews
- 'expert' paper or online surveys or interviews
- collate: don't collect all your data

What is essential data?

Less is more

ONLY: prove or improve

Pre-write your report (what data do you <u>need</u>)

Mini data dump – check its good

## collate or collect

#### we often use

- surveys
- focus groups

### try administrative data

- enforcement data
- truancy/absenteeism

# Not a chat: purposeful looking for

evidence of change

# interviews/discussions with key stakeholders,

- case workers
- school counsellors

### opportunistic data

outcome described but not measured

parents describe student lessons talk of behaviour in new settings

# evaluate for evidence of change

- be relevant
- align with strategic goals
- identify targeted need
- evaluate for evidence of change
- use effective evidence-based solutions
- do prove success/failure
- do ongoing improvement

define project outcomes define success



# Anne Dowden | REWA

anne@annedowden-rewa.co.nz | 021 616 557 www.annedowden-rewa.co.nz









